



**RAINBOWS**

**Restoring Hope to Grieving Youth**

**An international not- for-profit organization that fosters emotional healing among children grieving a loss from a life-altering crisis.**

RAINBOWS is a proven program designed to help children recover after experiencing loss. A child’s grieving process is different from that of adults. The **RAINBOWS** program helps children understand grief and loss and helps them get beyond it with a unique approach of play-based activities. Drawing upon 20 years of experience with small groups, this program uses age-appropriate, play-based activities, games, and rituals that have proven to be effective. Our facilitators are trained by the Diocese of Trenton.

The following programs will be offered at St. Gregory the Great on Sundays 10:30 -11:30am

SunBeams - a program for preschool age children

Rainbows - for elementary age children 5-6, 7-8, 9-11, 12-14

Spectrum - for high school students

Participants are grieving a loss such as death, divorce, or other painful transitions in their family. Please complete the following registration form and return it in a sealed envelope c/o Monica Quaste to the Religious Ed. office or Parish office by Thursday, Oct. 20th. For more information call Monica at 890-8190.

XX

Name of child or children: \_\_\_\_\_

Ages: \_\_\_\_\_

Type of loss:

Name of parent or guardian:\_\_\_\_\_

Address:\_\_\_\_\_

Home phone number\_\_\_\_\_

Cell phone number;\_\_\_\_\_

Email address:\_\_\_\_\_